



**November**

**Veterans Day**

Veterans Day, formerly known as Armistice Day, was originally set as a U.S. legal holiday to honor the end of World War I, which officially took place on November 11, 1918. In legislation that was passed in 1938, November 11 was "dedicated to the cause of world peace and to be hereafter celebrated and known as 'Armistice Day.'" As such, this new legal holiday honored World War I veterans.

In 1954, after having been through both World War II and the Korean War, the 83rd U.S. Congress at the urging of the veterans service organizations, amended the Act of 1938 by striking out the word "Armistice" and inserting the word "Veterans." With the approval of this legislation on June 1, 1954, Nov. 11 became a day to honor American veterans of all wars.

In 1968, the Uniform Holiday Bill ensured three-day weekends for federal employees by celebrating four national holidays on Mondays: Washington's Birthday, Memorial Day, Veterans Day, and Columbus Day. Under this bill, Veterans Day was moved to the last Monday of October. Many states did not agree with this decision and continued to celebrate the holiday on its original date. The first Veterans Day under the new law was observed with much confusion on Oct. 25, 1971.

Finally on September 20, 1975, President Gerald R. Ford signed a law which returned the annual observance of Veterans Day to its original date of Nov. 11, beginning in 1978. Since then, the Veterans Day holiday has been observed on Nov. 11.

**The difference between Veterans Day and Memorial Day**

Memorial Day honors service members who died in service to their country or as a result of injuries incurred during battle. Deceased veterans are also remembered on Veterans Day but the day is set aside to thank and honor living veterans who served honorably in the military - in wartime or peacetime.



<http://www.military.com>

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# A LIFE SAVED

By

Alaxon Pitts

District 3

Safety and Health Manager

A well trained staff and an Automated External Defibrillator (AED) has been credited with saving a life at the Department's District Three Milton Operations Center. On August 5, 2010, a Motor Carrier Compliance Law Enforcement Major suffered a heart attack while working at the Milton Office. Quick response, effective training, and use of an AED by Captain Steve Park, Major Clayton Tyson, and Sergeant Robert Schilling saved the life of a fellow officer. These Officers had completed training in Cardio Pulmonary Resuscitation (CPR) and the use of an Automated External Defibrillator (AED), and it paid off. Captain Steve Park said the AED was a valuable tool and credits it with saving the officer's life. He also recommended more units in buildings and vehicles should be considered.

Motor Carrier Compliance Law Enforcement Officers and Department Divers are the only positions designated by the Department as first aid responders. Therefore, people in these positions are required to maintain CPR/AED and First Aid qualification. The training is also offered as a benefit to all other District Three employees. The District Three Industrial Safety Office provides this training regularly, and has trained over 200 District Three and Motor Carrier employees in the past five years. Additionally, two Motor Carrier Compliance Officers in Milton have also obtained instructor qualification.

Twenty Automated External Defibrillators were purchased by District Three in 2004 and placed at various locations at District facilities. They paid for themselves on August 5, 2010.



*Captain Steve Park*



*Major Clayton Tyson*



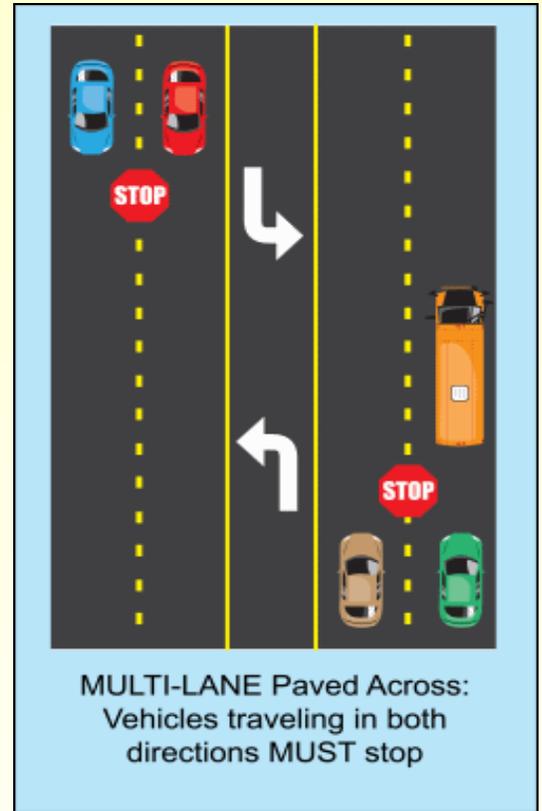
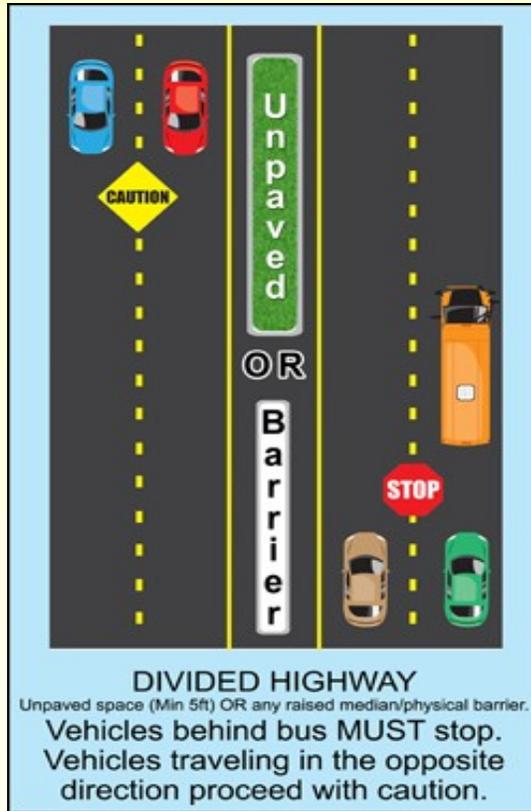
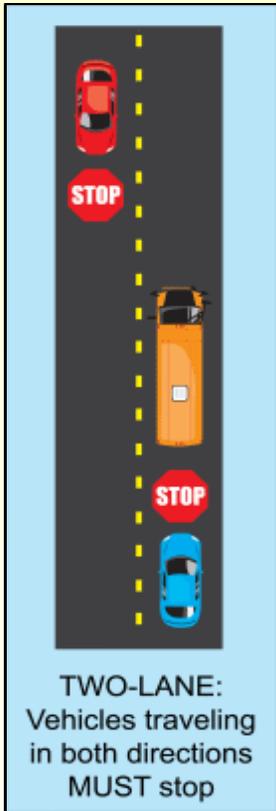
*Sergeant Robert Schilling*

# Stop on Red, Kids Ahead

FloridaSchoolBusSafety.gov



Each year, Florida drivers illegally pass school buses nearly two million times. Each illegal pass-by could result in a tragic injury or fatality of a student. The inconvenience of an extra few seconds spent waiting for a stopped school bus is insignificant compared to the loss of a child's life, which is why Florida's departments of Education, Transportation, and Highway Safety and Motor Vehicles, have teamed up to develop the Stop on Red, Kids Ahead campaign to remind drivers of the laws and safe practices to take when approaching a school bus.



Stop on Red, Kids Ahead campaign Bus Safety Event that was held in the capital plaza on Thursday October 14, 2010



K. Thibault, M. Trussell, Col. D. Dees

# FALL BACK-TIME FOR A CHANGE



*When we change our clocks...*

- Time **reverts** to **standard time** at 2 a.m. on **the first Sunday of November**. In the U.S., each time zone switches at a different time.
- Twice a year, when **Daylight Saving Time begins** or **ends**, make it a habit to not only change your clocks, but do a few other semi-annual tasks that will **improve safety in your home...**

**Do these things every 6 months when you reset your clocks:**

- **Check and replace the batteries in your smoke and carbon monoxide (CO) alarms.** Replace any smoke alarms older than ten years. Replace any CO alarms older than five years.
- Prepare a disaster supply kit for your house (water, food, flashlights, batteries, blankets). Once you've created your home disaster kit, use the semi-annual time change to check its contents (including testing/replacing flashlight batteries).
- Make a "car-emergency kit" **now** and put your vehicle! It's a good idea to carry a car-emergency kit in your car year-round, but be sure to add seasonal weather gear to your general car-emergency kit each fall or spring. (Having a separate duffle/gear bag clearly marked "Cold or Hot Gear" specifically for your weather emergency gear makes it easy to add or take out of the car, seasonally.) Like a Boy Scout, "Be Prepared!" In cold or hot weather, even a very minor car problem or flat tire can be deadly serious, or at the very least, miserable to deal with, unless you're well prepared.
- Check home and outbuilding storage areas for hazardous materials. Discard (properly, please) any which are outdated, no longer used, or in poor condition. Move any which are within reach of kids or pets.
- Check and discard expired medications - **those dates really DO have meaning** - some very common over-the-counter medications can cause serious problems due to change through aging.

<http://www.associatedcontent.com>

# Food Safety During Thanksgiving

No one wants to accidentally food poison their Thanksgiving Day guests. Here is a list of food safety precautions to follow while preparing your meal so that you can have a safe and fun holiday.

Please remember that an improperly handled and/or cooked turkey can contain food poisoning and might even prove deadly.

- ◇ Always thaw a turkey in the refrigerator. It will normally take one day for each five pounds of frozen turkey to thaw.
- ◇ NEVER thaw a turkey at room temperature.
- ◇ If your turkey is still slightly frozen right before Thanksgiving then you can thaw it in cold water in your sink. But make sure you maintain the water at a cold temperature at all times. The water absolutely must remain cold and not turn lukewarm or it is a breeding ground for harmful bacteria to flourish.
- ◇ Once your turkey is completely thawed you must cook it within two days. If you buy a fresh turkey it also should be cooked within two days. A turkey should not sit unfrozen in your refrigerator for longer than two days.
- ◇ Wash your hands with an antibacterial soap before you handle your turkey. After you have handled your turkey wash your hands again with an antibacterial soap.
- ◇ Maintain a clean work space. Use antibacterial cleaning spray or wipes to wipe down any surface before and after your turkey touches it. If you use antibacterial wipes to wipe down your counter top before you set your turkey on it also rinse the counter top to remove all of the antibacterial spray which might be toxic if ingested. Some people prefer to use a non toxic antibacterial spray and wipes that can be purchased at the health food store so they don't have to worry about accidently ingesting a toxic substance and it is safer to have around with children. Also, a solution of bleach and water will work well.
- ◇ Do not reuse any knives, forks, or spoons that have touched your raw turkey without first washing them in antibacterial soap or your dishwasher.





# DWWT VS DUI



A COMPARISON BETWEEN  
DRIVING WHILE TEXTING  
AND  
DRIVING UNDER THE INFLUENCE

## THE EFFECT OF DISTRACTED DRIVING

STUDIES INDICATE TEXTING WHILE DRIVING IMPAIRS A DRIVER'S REACTION TIME MUCH MORE THAN DRIVING UNDER THE INFLUENCE.

A CAR AND DRIVER STUDY COMPARED THE DISTANCE REQUIRED TO STOP WHILE DRIVING 35 MPH. RELATIVE TO AN UNIMPEDED DRIVER

A TEXTING DRIVER TRAVELS 25 MORE FEET BEFORE STOPPING



A DRUNK DRIVER TRAVELS 4 MORE FEET BEFORE STOPPING.



A VIRGINIA TECH STUDY VIDEO RECORDED REAL WORLD DRIVERS FOR 18 MONTHS. RESEARCHERS FOUND THAT DRIVERS WHO WERE INVOLVED IN A CRASH WHILE USING THEIR PHONES HAD TYPICALLY BEEN STARING AT THEM FOR 5 SECONDS.



ENOUGH TIME TO TRAVEL 29 CAR LENGTHS DRIVING 70 MPH.

## DRUNK DRIVING

INCREASES THE LIKELIHOOD OF CAUSING A CAR CRASH BY

WHILE

## TEXTING DRIVING

INCREASES THE LIKELIHOOD OF CAUSING A CAR CRASH BY



4x



8x



# Word Search Puzzle

I K P Z G C P D O I P Y T Y E V W R R L  
A N J R I N R U A Q A P E T M E O E U N  
X B U O E I I D Y D F S X I P G R T Z N  
M L R J V V A V S G I G T D L A S T C L  
F E O I T N E N I J U I I R O N E U I E  
H M N O F L A N G G V X N U Y D T B T H  
P G P A T R I O T I S M G S M B O T P M  
A N I B E N J A M I N K Z B E X V U E Y  
D Y R T N U O C Q C O N N A N F Y N K F  
F G E S A F E T Y V B N O A T O B A S A  
H V S N O I T C E L E S B B H S F E D V  
K O Y T U D H W J M T C C U B T E P D K  
T I N O D A C R O A I E I B C I S E T W  
L S S O O P Q A N M E T J V X K R U S V  
K U O S R X M D U Z Q R S G R N L D Y N  
Y T I L I B A T N U O C C A O E V E E T  
X U L J Q R V T F E I E M P D O S Q U R  
V V M Z D O T T G Y F N O P E E B F B P  
K A T S K V O Q I J G T A C N L Q A U V  
D Q W I R C K D O C S U Y H P L S X D B

ABSURDITY  
ACCOUNTABILITY  
BUCKLE UP  
CHAOS  
COUNTRY  
DRIVING  
DUTY  
ELECTIONS  
EMPLOYMENT

FLU  
HEROIC  
HONOR  
PATRIOTISM  
PEANUT BUTTER  
PREVENTION  
RED RIBBON  
SAFETY  
SERVICE

SKEPTIC  
STANDARDS  
STOP ON RED  
TEXTING  
THANKSGIVING  
TIME  
VEGAN  
VETERANS DAY  
VOTE

**The Safety Advisor puzzle is generated from the  
<http://school.discoveryeducation.com/>, puzzle maker.  
Omissions or errors are possible and are the sole responsibility of the program  
and not the producers of this Newsletter.**

# SAFETY SLOGANS

If you listen closely the turkey is really saying  
“Buckle, Buckle, Buckle”



**BUCKLING UP COULD  
SAVE YOUR GIBLETS.**



*Safety Hot Line*  
**(850) 245-1543**

You can report hazards by telephone.  
You can remain anonymous.  
Everything is confidential.

Action will be taken and you will  
be notified within 30 days.



This monthly newsletter is produced by the State Safety Office by Mark Eacker under the supervision of Marianne A. Trussell, the Department's Chief Safety Officer.  
For content information, please call or email the editor, Mark Eacker, at:  
850-245-1510 / [mark.eacker@dot.state.fl.us](mailto:mark.eacker@dot.state.fl.us)  
Our internet address is: [www.dot.state.fl.us/safety](http://www.dot.state.fl.us/safety)  
Our intranet address is: [Infonet.dot.state.fl.us/safetyoffice/](http://Infonet.dot.state.fl.us/safetyoffice/)

**Safety Advisor Customer Satisfaction Survey**

**We are interested in your opinion. In order to better serve your needs, please take a moment to fill out this brief questionnaire. Send to:**

**Local Fax: 850 245-1554**

**Via US Postal Service (or inter-office mail) to the address shown below.**

**Attention: Industrial Safety  
Florida Department of Transportation  
605 Suwannee Street, MS 53  
Tallahassee, Florida 32399-0450**

Survey Questions	Yes	No
Are the Safety Advisor topics relevant to your day to day job?		
Do you use the Safety Advisor in any manner other than read it ?		

What would you suggest to improve the suitability of the Safety Advisor to your needs or to improve the overall quality? (Please be specific)

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Do you have any questions regarding Industrial Safety programs and/or operations? Please feel free to include your questions or comments.

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**Safety Slogan of the Month Entry Form**

**You are encouraged to submit safety slogans at any time.**

**Slogans are judged on originality .**

**You may also email your slogans to [mark.eacker@dot.state.fl.us](mailto:mark.eacker@dot.state.fl.us)  
In the subject line of your email please write "Safety Slogan Entry".**

Please Print  
Safety Slogan

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Name: \_\_\_\_\_ Location/Office: \_\_\_\_\_  
District: \_\_\_\_\_ Phone: ( ) \_\_\_\_\_



# November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 Halloween	1 Men Make Dinner Day	2 <b>ELECTION DAY</b>	3	4 National Skeptic's Day	5 PAY DAY	6 Isaiah David Hart Birthday 1792
6	8 Charles Feltman Birthday 1841	9 Chaos Never Dies Day	10 Jason L. Dunham Birthday 1981	11 <b>Veterans Day</b> STATE HOLIDAY	12 Moms and Dads Day	13
14	15 America Recycles Day	16	17 Joseph Finegan Birthday 1814	18 Great American Smokeout Day	19 PAY DAY	20 Absurdity Day
21 Coleman Hawkins Birthday 1904	22	23	24	25 <b>Thanksgiving</b> STATE HOLIDAY	26 "The Price Is Right" Debuts NBC 1956 STATE HOLIDAY	27
28 Square Dance Day	29	30 William Livingston Birthday 1732	1	2	3 PAY DAY	4



**THE MONTH OF NOVEMBER IS**  
**National Child Safety and Protection Month**  
**National Red Ribbon Month (anti-drunk driving)**



**National Flu Awareness Month**

**Vegan Awareness Month**

**Peanut Butter Lover's Month**

