



Top New Year Safety Resolutions

Repeat after me ... I resolve to be risk free in 2-0-1-6! That means assessing safety risks within your work environment and taking action now.

Removing Trash

Although trash removal sounds like a simple task, it poses a real risk of back injuries for all employees when performed improperly. Consider these safety changes to reduce this risk:

- Replace large trash receptacles with smaller ones, making loads easier to manage.
- If you can't replace large trash receptacles, don't overfill and use a new bag when it gets half full.
- Make it mobile; pushing cans is easier than lifting them.
- Use dumpsters with a side

door. The side sliding door will ease the burden of tossing and hoisting.

Equipment & Machine Guards

Protective guards are often removed from equipment and tools for easier use, but sharp, hot, or exposed rotating parts can be dangerous. Consider these safety changes to reduce risk:

- Ensure maintenance, shop, and even office equipment have properly installed guards.
- Check for broken equipment, frayed cords, overloaded outlets, and any other machines that need proper cleaning.
- Authorized staff should lock and tag items for repair or disposal.



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Walking Surfaces Inspections

A stroll down the sidewalks on at your work locations will help identify sidewalk hazards. Reporting and fixing these problem areas to reduce the risk of slips, trips, and falls:

- large cracks and gaps.
- uneven surfaces.
- low hanging branches.
- broken concrete.
- exposed rebar.
- improper drainage.

If areas with high traffic have these problems, repairing and improving them should be prioritized. Sidewalk joints should be installed because they let the concrete expand rather than buckle during hot weather. Finally, all areas being repaired should be clearly marked and blocked off to avoid slips, trips, and falls.

Office Safety

Do not be fooled by the appearance of a pleasant office environment. Hazards inside the office are a growing problem and are often overlooked. Tasks with repetitive motions, poor lighting, noise pollution, and

improperly placed equipment are real problems with potentially easy fixes. Ask your District Safety personnel for help with ergonomics.

Ladder Maintenance

Ladders are helpful tools but they should not be overlooked for dangers. Inspect them when they are new, each time before using, and especially if they have been dropped or damaged. Consider replacing ladders that have:

- missing rungs.
- cracks.
- signs of wood rot.
- loose steps or loose/missing screws.
- signs of excessive wear like corrosion and rust.
- faulty locking mechanisms.

Never use any ladder that is bowed, twisted, or wobbles.

Ventilate Volatile & Toxic Substances

Chemicals should always be stored in secured and ventilated areas within the workplace. Consider these additional safety rules to reduce risk:

- Properly label all chemicals whether they are in District offices, Maintenance

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Facilities, or in our repair shops.

- Use proper words, symbols, and pictures for clear warnings.
- Store chemicals at the manufacturer’s recommended temperature and humidity.
- Segregate chemicals based on their hazards and take additional precautions with combustibles, acids, and flammables.
- Have an emergency exhaust fan available for use when needed.

Hazardous materials can be a complicated subject, so please ask your District Safety representatives if you have questions.

Emergency Exits

In case of emergency, the ability to leave quickly is of utmost importance. All doorways should be identified with an “Exit” or “No Exit” sign. Exit signs should be lit and routine testing on backup batteries should be completed monthly. Exit doors should remain unlocked at all times from the inside and should never be blocked, allowing for a quick and safe way out.

New Year resolutions are not just about hitting the gym, spending less, or reading more. Commit to these simple safety resolutions that will protect and benefit all here at FDOT.

Make 2016 the Year of Safety!



For the month of January, the Florida Department of Highway Safety and Motor Vehicles (DHSMV) is commemorating Move Over month by reminding all motorists to *Move Over, Florida!* for emergency and service vehicles stopped along the roadway.

Move Over violations result in more than 100 crashes per year on Florida roadways, putting motorists and those who work along the roadways at risk. In 2014, there were at least 161 crashes from motorists failing to move over, resulting in at least 120 injuries and in a single crash, the death of Florida Highway Patrol Trooper Chelsea Richard, tow truck driver John Duggan and motorist George Phillips. From 2012 to 2014, crashes increased 41 percent and citations increased 68 percent for motorists failing to move over. In addition to endangering law enforcement, first responders, public servants and other motorists, failing to move over can result in fines and points on a driving record.

“The Florida Department of Highway Safety and Motor Vehicles stresses to each driver the importance of complying with the Move Over Act,” said DHSMV Executive Director Terry L. Rhodes. “Move Over, Florida! The simple act of moving over for law enforcement, emergency first responders and other stopped or disabled vehicles gives these public servants adequate space to do their jobs and can greatly increase safety on Florida’s roadways.”

The Move Over Act was enacted in 2002 to help protect law enforcement officers, emergency workers and other public servants when they are performing their duties along the roadside. State law requires vehicles to move over a lane for emergency vehicles, sanitation vehicles, utility service vehicles or wreckers. If a driver cannot move over, they should slow down 20 miles per hour below the posted speed limit.

“Almost every state trooper has a story of a vehicle coming too close or even striking them as they were providing services to motorists on the side of the road,” said Colonel Gene Spaulding, Director of the Florida Highway Patrol. “The Move Over Act is about providing a safe work environment for everyone who patrols or delivers critical services along the roadway.”

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To comply with the Move Over Act drivers must:

Multi-Lane Roadway:

- Vacate the lane closest to the stationary emergency vehicle, sanitation vehicle, utility service vehicle or wrecker and always signal the intention to change lanes.
- Slow down to a speed of 20 mph below the posted speed limit if a driver cannot move over safely.
- Be prepared to allow those who are attempting to move over into the next lane.

Two-Lane Roadway:

- Slow down to a speed of 20 mph below the posted speed limit.
- Travel at 5 mph if the speed limit is 20 mph or less.

“The Florida Sheriffs Association, representing all 67 Florida Sheriffs’ Offices, is honored to endorse and support the Move Over, Florida! campaign,” said Florida Sheriffs Association President Sheriff Sadie Darnell. “This law passed by the Florida Legislature during the 2002 Session protects our law enforcement officers and other first responders, while they are protecting the citizens we serve.”

“Our law enforcement officers put their lives on the line every day to protect Florida residents and guests,” said Winter Park Chief of Police Brett Railey, President of the Florida Police Chiefs Association. “Drivers can help keep them safe by moving over when they see a law enforcement vehicle pulled over on the side of the road. Changing lanes could save lives.”

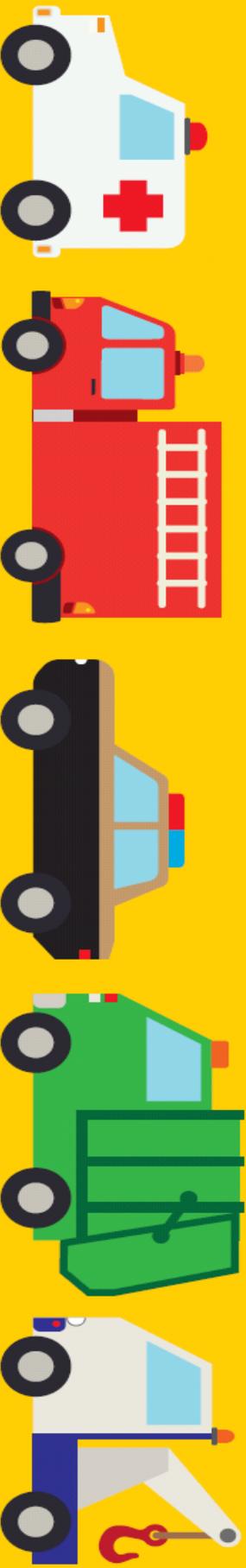
Florida Department of Transportation Secretary Jim Boxold said, “With nearly 20 million residents and a record number of tourists coming to our state, the department is proud to partner with the Florida Department of Highway Safety and Motor Vehicles to remind drivers to move over and slow down when they approach a service vehicle on the road. This helps us protect Florida’s first responders and keep our roadways safe for all users.”

Move Over, Florida! It’s not just the safe thing to do, it’s the law.



◀ MOVE OVER ▶

FOR STOPPED EMERGENCY AND SERVICE VEHICLES



- > Move Over a lane for stopped law enforcement, emergency, sanitation, utility service vehicles and tow trucks.
- > If you can't move over, slow to 20 mph less than the posted speed limit.
- > Slow down to 5 mph when the posted speed limit is 20 mph or less.

www.flhsmv.gov

#MoveOverFL



Word Search Puzzle

K K R M R E Q I B M U W S R I E S C J L
X Y E I O S R H D R E Y A S I X D E I N
H R S B Z B X X E A R R N Y K P R X E Y
Z K C L G B W W D F P E I S N O A I H L
S J U C A G B I L M N D T U X S U F K C
T N E M E C R O F N E W A L N U G T M M
Y I V D B O I I E Q D M T O N R E B X U
S T L P L D D M U G O V I X V E N J S X
O G I F R C U I E V A T O C H H I J W E
O F R L U O P G E H U B N A Y E H S C S
P K F Y I M T O I L C T R V C Z C N O U
C I N I E T V E O N B E E A Y P A F Y R
O L Y N C E U S C A J G V P G L M S C D
T H T A R E E C L T K U F I U Y U E N R
G E T O O R M I I R I Y R B L L O N E E
F I R E T R U C K L B O M I X A K I G K
S U O D R A Z A H B B A N I E Y G F R C
H T K K C U R T W O T U R S O S D I E E
J E A R S A F E T Y N D P T R E L A M R
V L Z Y K D Y F M A I N T E N A N C E W

ALERT
ALIVE
AMBULANCE
CHEMICALS
EMERGENCY
EQUIPMENT
EXPOSURE
FINES
FIRE TRUCK

FLORIDA
GARBAGE
HAZARDOUS
INJURIES
LAW ENFORCEMENT
MACHINE GUARD
MAINTENANCE
MOVE OVER
OFFICE

PROTECTION
PUBLIC UTILITY
RESCUE
RESOLUTIONS
RISKS
SAFETY
SANITATION
TOW TRUCK
WRECKER

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SAFETY SLOGANS



Is it worth not paying attention and Moving Over?

Infractions regarding Florida's Move Over Law Include:

- *Over \$100 in fines.*
- *Three (3) points on a driver's license.*
- *Potentially adverse reaction from individual's insurance company, leading to increased rates or cancellation of coverage.*
- *Others depending on the severity of the charge and the number of occurrences on an individual's driving record.*



Safety Hot Line

(850) 414-5255

You can report hazards by telephone.
You can remain anonymous.
Everything is confidential.



This monthly newsletter is produced in the State Safety Office by Mark Eacker. For content information, please call or email the editor, Mark Eacker, at:

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Our internet address is: www.dot.state.fl.us/safety

Our intranet address is: Infonet.dot.state.fl.us/safetyoffice/



Safety Advisor Customer Satisfaction Survey

We are interested in your opinion. In order to better serve your needs, please take a moment to fill out this brief questionnaire. Send to:

Fax: 850 414 4221

Via US Postal Service (or inter-office mail) to the address shown below:

Attention: Industrial Safety
Florida Department of Transportation
605 Suwannee Street, MS 53
Tallahassee, FL 32399

Safety Slogan of the Month Entry Form

Survey Questions	Yes	No
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Are the Safety Advisor topics relevant to your day to day job?		
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Do you use the Safety Advisor in any manner other than read it?		
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What would you suggest to improve the suitability of the Safety Advisor to your needs or to improve the overall quality? (Please be specific)

Do you have any questions regarding Industrial Safety programs and/or operations? Please feel free to include your questions or comments.

Please Print
Safety Slogan

Name: _____ Location/Office: _____
District: _____ Phone: () _____



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1 New Year's Day	2
3	4	5	6	7	8 PAY DAY	9
10	11	12	13	14	15	16
17	18 MLK DAY STATE HOLIDAY	19	20	21	22 PAY DAY	23
24 31	25	26	27	28	29	30

THE MONTH OF JANUARY

January 2016 is Observed as	Florida Move Over Awareness Month; National Mentoring Month; National Glaucoma Awareness; National Blood Donor Month; Birth Defects Prevention Month; National Stalking Awareness Month; and National Slavery and Human Trafficking Prevention.
Birthstone	Garnet
Fruit & Veggies for the Month	Tangerines; Dried Cranberries; Sun Dried Tomatoes; Raisins; Yucca Root; Jicama; Taro Root and Water Chestnut.
January Flower	Carnation.
Astrological Signs	Capricorn (till 19th) & Aquarius (20th→).